# Why It’s Great to Expose Puppies to New Things Early On

Getting your puppy used to the world early on is one of the best things you can do to help them grow into a happy, confident dog. A lot of people think they need to wait until all the vaccinations are done before doing anything, but those first few weeks (between 8 and 16 weeks old) are actually the perfect time to gently introduce your pup to new sights, sounds, and experiences.

Learning Without Leaving the Ground

Your pup doesn’t have to be out on long walks to start learning. Just being around different things in a safe and calm way can make a big difference. Whether it's from your lap, a crate, or the boot of your car, they can watch the world go by and start figuring things out.

What I’ve Done With My Springer Pup

My Springer Spaniel is only 10 weeks old, but she’s already had some cool experiences. One of my favourite things we’ve done was take her to a local quarry where people ride motorbikes. I popped her in the crate in the boot of the car and drove there. Once we arrived, I just opened the boot and let her watch and listen. She stayed nice and calm in her crate, taking it all in without any pressure.

Another time, she sat in the garage on the quad bike while it was running. Of course, she wasn’t on the floor and she wasn’t in any danger – just safely sitting and learning that loud noises and engines aren’t scary. It was all super positive and really relaxed.

Why This Stuff Matters

These small moments help your puppy grow up feeling relaxed in all kinds of situations. Early exposure like this helps them become:  
- More confident  
- Less scared of new things  
- Easier to take new places  
- Better at handling everyday noise and action

They learn that the world isn’t such a scary place – and that’s a huge win for the future.

No Walks? No Problem!

Just because your puppy can’t go out on proper walks yet doesn’t mean they can’t be learning. Get creative! Car rides, watching from a window, or sitting safely in new places can all be brilliant ways to help your pup grow.

To Sum Up:

- Start introducing your pup to the world early  
- Keep it safe and positive  
- Don’t overwhelm them  
- Even small experiences go a long way

You’re not just keeping your pup busy — you’re helping them build confidence that will last a lifetime.